

STUDENT ACTIVITIES

As Student Activities Department at Beirut Arab University, we plan and organize campus events from recreational, intramural, fitness, and student development. We enhance university experience by providing events that are both inspiring and enriching. Through managing a variety of performance clubs, student clubs, and athletic teams, we strive to bring a sense of community to all BAU students.

We aim to enrich campus life by providing services, facilities and opportunities for community development in Lebanon and abroad, multicultural experiences, personal growth and the acquisition of skills vital to the development of engaged citizens and future leaders.

We support students' needs by helping them work with one another, building interpersonal relationships and gaining experiences with collaborative event planning.

As a Department we provide numerous benefits by giving the students the chance to participate in our activities so they will have a more enriched university life experience, develop valuable leadership, interpersonal skills and become more marketable when job searching..

Goals:

- Refining students' personalities in social terms, in order to reflect the civilized image of the University (through workshops, lectures and other activities).
- Improving the points of strength of BAU students and work on their weaknesses.
- Developing capacities and skills for students to resolve obstacles and deal with problems.
- Developing leadership skills.
- Creating a sense of loyalty and affiliation with the university.
- Providing a healthy environment where students have all the space to express themselves.
- Offering communication skills among students through participating in all kinds of activities.

Extracurricular Athletics and Clubs:

Being a student is one of the most important and memorable experiences of a person's life. In addition to academic pursuits, extracurricular activities make up a valuable part of the overall university experience. Students can develop their social and interpersonal skills by getting involved in running clubs. This will help to improve their teamwork skills, and ability to build meaningful relationship with friends and peers.

1. Campus Events:

- Variety of special events that help students challenge themselves and try something new from recreational, intramural, fitness, and student development.
- Events: Homecoming, Faculties Competition (Drama, Football, Basketball), Meen Adda social program, Update your LinkedIn lecture...

2. Athletics:

- Enhance the physical quotient of the students by making them physically fit, strong, healthy and dexterous.
- Prepare students for growth and survival in a competitive world

Teams: Basketball (Men-Women), Football (Men), Volleyball (Men-Women), Futsal (Men-Women), Archery, Table Tennis, Handball, Rugby, Swimming, Muay Thai, Wrestling (Men-Women), Badminton, Tennis, Chess, Track and Field

3. Arts and Performance:

- Make students aesthetically alive by induction into various arts.
- Help students develop graceful expression through dance, feel the ecstasy of music, & emote through drama.

Clubs: Music Club, Drama Club.

4. Student Clubs:

- Teach students how to get involved and engaged in the community's social problems.
- Help students to improve their skills such as organizational, presentation, leadership and interpersonal communication.

Clubs: Adventure Club, Unesco Club, Entrepreneurship, Lebanese Red Cross at BAU, Aie Club, Book Club, DSC, Art Club, Bike Club, Environmental Club, Scouts, Social Club.

5. Wellness

- Aim to enhance physical wellness, relief stress, strengthen the mind and body, and improve daily lifestyle.
- Over 6+ wellness classes per week, a professionally equipped gym with plate-loaded weight equipment and a selection of cardiovascular machinery, training services for varsity athletes, and individual wellness care, we offer something for every type of student.

Classes: Zumba, Body Blast, Yoga, Hip Hop, Fitness.

Facilities:

Student Activities Department's Facilities in each campus provides the infrastructure and services to enhance community life within the three campuses. Staff is committed to providing an environment that is safe, comfortable.

The following facilities are available:

- Student Activities Building:
 - Activities Offices and Student Lounges
 - Meeting Rooms for Club Members
 - Internet Access
 - LCD Television & DVD Player
 - White Board
 - Photocopy machine
 - Telephone
 - Laptop & Data Show for presentations.
 - Campuses Facilities:
 - Gym
 - Sports Complex (Gym, Sports Hall, Table Tennis Hall)
 - Training Halls & Auditorium
 - Tennis Courts
 - Green Fields
 - Basketball Courts
 - Table Tennis, Billiard table Hall
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