

Rim Taleb, MD, MHPE

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Sex: Female | Date of birth: 6 September 1986 | Nationality: Lebanese

HIGHLIGHTS

- Assistant Professor – Faculty of Medicine, Beirut Arab University, Lebanon
- Family Medicine Consultant – Primary Health Care Corporation, Qatar
- Adjunct Assistant Professor of Family Medicine in Clinical Medicine – Weill Cornell Medicine-Qatar
- Graduate of the Department of Family Medicine – American University of Beirut (ACGME-accredited)
- Master of Health Professions Education (Suez Canal University / Maastricht University)
- Most Active Researcher Award 2024–2025 – Beirut Arab University, Lebanon
- Recipient of the "Star of the Year 2024" Award – Primary Health Care Corporation, Qatar
- Recipient of the Montegut Scholar Award 2022 (American Board of Family Medicine Foundation)
- Resident of the Year 2015–2016
- 25+ publications in international peer-reviewed medical journals
- Research interests: student wellbeing, medical education, and health promotion
- Editorial Board Member: BMC Medical Education; Central European Journal of Paediatrics
- Author of short stories; winner of multiple writing prizes

WORK EXPERIENCE

February 2022 – Present
Consultant Family Medicine
Primary Health Care Corporation, Qatar

June 2025 – Present
Adjunct Assistant Professor of Family Medicine in Clinical Medicine
Weill Cornell Medicine-Qatar

April 2021 – Present
Assistant Professor of Family Medicine
Beirut Arab University, Beirut, Lebanon

2017 – March 2021
Senior Lecturer of Family Medicine
Beirut Arab University, Lebanon

2017 – 2022
Family Physician
Beirut Arab University Healthcare Center, Lebanon
Ibad Al Rahman Dispensary, Lebanon
Private Practice, Lebanon

2017
Local Consultant
United Nations Development Programme, Lebanon

2016 – 2018
Consultant / Trainer – Clinical Management of Rape
International Medical Corps, Lebanon

2016 – 2017
Chief Resident
American University of Beirut Medical Center, Department of Family Medicine

2010 – 2011 **Instructor – Anatomy Laboratory**
Beirut Arab University, Faculty of Medicine
Teaching undergraduate medical students and postgraduate dentistry students (Master level)

EDITORIAL AND PEER REVIEWER ROLES

June 2026 – Present **Member of the Editorial Board**
BMC Medical Education

January 2022 – Present **Member of the Editorial Council**
Central European Journal of Paediatrics

2019 – Present **Peer Reviewer**
Multiple international peer-reviewed medical and health journals

EDUCATION AND TRAINING

2018 **Master of Health Professions Education**
Maastricht University – Suez Canal University (Joint Program)

2017 **Arab Board Certification**
The Arab Board of Health Specializations

2016 **Specialist in Family Medicine**
American University of Beirut

2010 **Bachelor of Medicine and General Surgery (with distinction)**
Beirut Arab University

Training and Life Support

2025 **BLS / ACLS Certification**
American Heart Association

2022 **ILS, PLS, BLSO**

2016 **Introduction to Primary Care Accreditation Process**
Accreditation Canada International

PERSONAL SKILLS

Mother tongue **Arabic**

Other languages (CEFR self-assessment)

Language	Understanding		Speaking		Writing
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2
French	C2	C2	C2	C2	C2
Spanish	A1	A1	A1	A1	A1

Levels: A1/A2 – Basic user; B1/B2 – Independent user; C1/C2 – Proficient user (Common European Framework of Reference for Languages)

Digital skills (self-assessment)

Information processing	Communication	Content creation	Safety	Problem solving
Proficient	Proficient	Proficient	Proficient	Proficient

- Very good command of office suite (word processor, spreadsheet, presentation software)

PUBLICATIONS

2026 **Rapidly Deployed Phone-Based COVID-19 Telemedicine Clinic in Lebanon: A Retrospective Analysis**
*Rabih Soubra, **Rim Taleb**, Ibrahim Chehab, Yahya Makkieh, Alissar El Sibai, Issam Shaarani*
Annals of Global Health, 92(1), 85 (2026). https://doi.org/10.5334/aogh.5463

2025 **Impact of a workshop on medical students' knowledge and attitude towards quality improvement in health care: A quasi-experimental study**
***Rim Taleb**, Rawan Abdallah, Rima Abou Chahine, Sara El Rawas, Zouhour Alwan, Ibrahim Mallah*
Journal of University Teaching and Learning Practice, 22(2).
https://doi.org/10.53761/n12ef389

2024 **International Delphi study on developing entrustable professional activities (EPAs) for master's learners in health professions education**
*Omayma Hamed, Daniëlle Verstegen, Ghanim Alsheikh, Mohammed A. Alqarni, **Rim Taleb**, Nirmala Rege, Purnima Barua, Tyler Cymet, Muhammad Shahid Shamim, Mohamed Saad Hegazy*
BMC Medical Education, 24, 1362 (2024). https://doi.org/10.1186/s12909-024-06377-z

2024 **Patients' Attitudes Towards Medical Students' Participation in Procedures and Clinical Examinations in Lebanon**
***Rim Taleb**, Racha Ftouni, Malak Abdel Khalek, Lama Uweis, Ali Yassine, Hussein Shoumar*
BAU Journal – Health and Wellbeing, 6(1), Article 8. https://doi.org/10.54729/2789-8288.1201

2023 **The Impact of Medical Errors and the Provided Support on Lebanese Family Physicians: Needs in Education**
***Rim Taleb**, Aghati El Ghazzawi, Rania Itani, Lea Itani, Mostafa Kamal Itani*
Education for Health (Abingdon, England), 36(2), 88–89.
https://doi.org/10.4103/efh.efh_187_22

2023 **Knowledge and Attitude towards Dysmenorrhea among Health Professions Students: A Cross-sectional Study from Lebanon**
***Rim Taleb**, Maria El Tannir, Ghina Akoum, Rayyan Sakr, Rawan Koleilat, Zeina Barakat, Raghad Daaboul*
Universal Journal of Public Health, 11(4), 430–440.
https://doi.org/10.13189/ujph.2023.110407

2023 **Developing and Validating a Tool to Assess Telemedicine Acceptance Among Physicians During Pandemic Using a Technology Acceptance Model**
*Issam Shaarani, Mohammad Jounblat, Hadi Jounblat, Ali Ghanem, Reem Mansour, **Rim Taleb***
Telemedicine and e-Health, ahead of print. https://doi.org/10.1089/tmj.2022.0348

2022 **Infraclavicular Lymphadenopathy After COVID-19 Vaccine in a Young Patient**
***Rim Taleb**, Hala Oueidat, Fatima Mahmoud, Jana Khawandi, Yasmine Oueidat*
Infectious Diseases in Clinical Practice, 30(6), e1170 (November 2022).
https://doi.org/10.1097/IPC.0000000000001170

2022 **Use of Humour in Medical Education: Students' Perspectives**
***Rim Taleb**, Hadi Itani, Sanaa Itani, Rayane Salameh, Aya Ramadan, Kahled Sidani*
European Journal of Humour Research, 10(1), 186–198.
https://doi.org/10.7592/EJHR2022.10.1.637

2022 **Nail Biting Pharmacotherapy: A Review**
***Rim Taleb**, Zeina El Obaji, Zeinab Abraham, Razan El Sayed*
Current Treatment Options in Psychiatry, 9, 73–84 (2022).
https://doi.org/10.1007/s40501-022-00257-3

2022 **Practice of Infant Safe Sleep Recommendations among Mothers: A Cross-sectional Pilot Study from Beirut, Lebanon**
***Rim Taleb**, Ali El Tannir, Aya Shaaban, Ghina Kahil, Saja Issaoui, Rabih Sarieddine, Osama Tayara*
Central European Journal of Paediatrics, January 2022.

2021 **Utilization of Telemedicine by the Lebanese Physicians During Time of Pandemic**
*Issam Shaarani, Ali Ghanem, Mohammad Jounblat, Hadi Jounblat, Reem Mansour, **Rim Taleb***
Telemedicine and e-Health, 2021 May 17, epub ahead of print. PMID: 33999731.
https://doi.org/10.1089/tmj.2021.0090

2021 **COVID-19 public awareness: association with social media use and development of a scoring tool 'COVID-PAS'**
***Rim Taleb**, Aref El-Kantar, Hadi Itani, Ibrahim Mallah, Karim Amshe, Mohamad Mehdi Diab, Salim Baayoun, Sanaa Itani, Issam Shaarani*
Journal of Communication in Healthcare.
https://doi.org/10.1080/17538068.2021.1892431

2021 **Predictors of Contraception Use Among Syrian Refugees in Lebanon: Results from a Cross-Sectional Study**
*Jinan Usta, **Rim Taleb**, Sarah El Harakeh, Rana El Kheir, Malak Jbahi, Shatha Dassouki, Issam Shaarani*
Maternal and Child Health Journal, 25, 684–693 (2021). https://doi.org/10.1007/s10995-020-03098-9

2020 **Mental Health Literacy of the Lebanese Population (MHeLLP): A Cross-sectional Study**
***Rim Taleb**, Nayla Kassab, Asmaa Kebbeh, Nour Kreidieh*
Journal of Public Mental Health, ahead of print. https://doi.org/10.1108/JPMH-04-2020-0031

2020 **Role of Vitamin B12 in Treating Recurrent Aphthous Stomatitis: A Review**
***Rim Taleb**, Bassel Hafez, Nadim El Kassir, Hani El Achkar, Mohamad Mourad*
International Journal for Vitamin and Nutrition Research (IJVNR), epub ahead of print. PMID: 33103958. https://doi.org/10.1024/0300-9831/a000684

2020 **Stress and Coping Strategies among Undergraduate Health Professions Students: A Cross-sectional Study from a University in Lebanon**
***Rim Taleb**, Mohamad Mourad, Samer Ismail, Leen Mokhadder, Yara Abodaher, Sana Aicha, Rajaa Meksassi, Raed Khoder*
BAU Journal – Health and Wellbeing, 3(1). ISSN 2617-1635.
https://digitalcommons.bau.edu.lb/hwbjournal/vol3/iss1/2

2020 **Systems Thinking: Advancing Health Advocacy Training; A Perspective from Junior Family Physicians in the Middle East**
*Reina Alameddine, **Rim Taleb**, Khairat Al-Habbal, Kunal D. Patel*
Education for Primary Care, 31(2), 71–73 (2020).
https://doi.org/10.1080/14739879.2019.1711201

2019 **Vibrio Albensis: An Unusual Urinary Tract Infection in a Healthy Male**
*G. Araj, **R. Taleb**, N. El Beayni, E. Goksu*
Journal of Infection and Public Health, 12(5), 712–713 (2019).
https://doi.org/10.1016/j.jiph.2019.03.018

2018 **An Unusual Urinary Tract Infection Caused by Vibrio Fluvialis**
*J. Usta, G. Araj, **R. Taleb***
The Journal of Infection in Developing Countries, 12(08), 673–675.

2017 **Adoption of Health Behaviour among Primary Care Physicians: A Cross-sectional Pilot Study from Lebanon**
***Rim Taleb**, Issam Shaarani, Najla Lakkis, Rana Jarrah, Mona Osman*
BJGP Open, 2017; 1(2): BJGP-2017-0953. https://doi.org/10.3399/bjgpopen17X100953

2017 **Effect of Computer Use on Physician–Patient Communication Using a Validated Instrument: Patient Perspective**
*Issam Shaarani, **Rim Taleb**, Jumana Antoun*
International Journal of Medical Informatics, 108, 152–157.

2017 **Use of Family Practice Journals in Journal Clubs: A Study from the Middle East**
*Basem Saab, **Rim Taleb**, Adel Al Bari, Hashim Al-Sayed, Issam Shaarani*
BJGP Open.

2016 **Nail Biting: A Habit or a Disease?**
***Rim M. Taleb**, Issam A. Shaarani*
Medscape. https://www.medscape.com/viewarticle/863395

2016 **Caring for War Refugees: The Basics Remain the Same**
***Rim M. Taleb**, Issam A. Shaarani*
Medscape. https://www.medscape.com/viewarticle/870824

2016 **Communication: A Basic Need, in Beirut or Boston**
Rim M. Taleb
Medscape. https://www.medscape.com/viewarticle/873443

2015 **Beyond Medical Care**
Rim Taleb
American Annals of the Deaf, Spring 2015; 160(1): 7–8.
https://doi.org/10.1353/aad.2015.0011

2014 **Addressing Domestic Violence in Primary Care: What the Physician Needs to Know**
*Jinan Usta, **Rim Taleb***
Libyan Journal of Medicine, 9:1. https://doi.org/10.3402/ljm.v9.23527

AUDIT AND QUALITY IMPROVEMENT PROJECTS

March 2026 **Early Detection Matters: Enhancing Breast Cancer Screening Practices (Quality Improvement)**
Completed March 2026 – Al Sadd Health Center, Primary Health Care Corporation

August 2024 **Screening and Assessment of Iron Deficiency Anemia in Children at 12 Months and 4–6 Years (Clinical Audit)**
Completed August 2024 – Al Sadd Health Center, Primary Health Care Corporation

PRESENTATIONS AND WORKSHOPS (AS SPEAKER)

2025 **Ten Articles That Will Change My Practice in 2025 (Presentation, invited speaker)**
Annual Conference of the Lebanese Society of Family Medicine

2023 **PharmaChat: An Innovative Model for Teaching Commonly Used Medications in Primary Care (Presentation)**
28th WONCA Europe Conference, Brussels, Belgium

2023 **Impact of a Workshop on Medical Students' Knowledge and Attitude Towards Quality Improvement in Health Care: A Quasi-experimental Study (Poster and ePoster)**
28th WONCA Europe Conference, Brussels, Belgium

2022 **Updates on Cancer Screening (Presentation, invited speaker)**
Pollution and Health: Conference of the Lebanese Order of Physicians, Tripoli, Lebanon

2019 **Top 10 Articles That Changed My Practice in the Past Year (Presentation, invited speaker)**
Sixth WONCA East Mediterranean Congress 2019, Beirut, Lebanon

2019 **Activism in Medicine: Practice and Challenges (Workshop)**
Sixth WONCA East Mediterranean Congress 2019, Beirut, Lebanon

2016 **Research Presentation**
Annual Conference of the Lebanese Society of Family Medicine

2016 **"Practice Management WONCA" – Session Moderator**
Annual Conference of the Lebanese Society of Family Medicine

2015 **Jeopardy (Q&As)**
Annual Conference of the Lebanese Society of Family Medicine

COMMITTEE MEMBERSHIP AND OTHER ROLES

March 2023 – Present **Continuing Medical Education Coordinator and Coordinator of Interprofessional Education Rounds**
Al Sadd Health Center, Primary Health Care Corporation

March 2023 – Present **Case Manager – Complex Case Management for Non-communicable Diseases (Multidisciplinary Team)**
Al Sadd Health Center, Primary Health Care Corporation

March 2023 – Present **Wellness Champion**
Al Sadd Health Center, Primary Health Care Corporation

September 2020 – August 2021 **Head of Quality Assurance Unit**
Beirut Arab University, Faculty of Medicine

September 2019 – August 2021 **Assessment Committee**
Beirut Arab University, Faculty of Medicine

September 2017 – August 2021 **Quality Assurance Unit**
Beirut Arab University, Faculty of Medicine

September 2017 – August 2021 **Quality Committee**
Beirut Arab University

September 2017 – August 2018 **Research Committee**
Beirut Arab University, Faculty of Medicine

July 2016 – June 2017 **Performance Improvement Committee**
American University of Beirut Medical Center

July 2015 – June 2017 **Resident Staff Quality Council (RSQC)**
American University of Beirut Medical Center

AWARDS AND HONORS

2025 **Star of the Year Award 2024**
Primary Health Care Corporation – Al Sadd Health Center

2024 – 2025 **Most Active Researcher Award 2024–2025**
Beirut Arab University, Lebanon

2022 **Recipient of the Montegut Global Scholar Award 2022**
The Montegut Global Scholar Program was established by the American Board of Family Medicine Foundation in 2010. The award winner should be a family physician involved with education, research, and/or committed to improving the quality of family medical care in his/her region.

2015 – 2016 **Resident of the Year**
American University of Beirut Medical Center – Department of Family Medicine

Writing and Poetry Awards

August 2023 **Ranked 1st in the Short Story Contest in Arabic (قصص على الهواء)**
Organized by Al Arabi Magazine in cooperation with Monte Carlo Radio – Story: "Colors of Life"

2009 **Ranked 3rd in the Speech and Communication Contest in Arabic among University Students in Lebanon**
Organized by Beirut Arab University, Lebanon

2004 **Ranked 1st in the Arabic Poetry Contest**
Organized by the University of Balamand, Lebanon

2002 **Ranked 2nd in the Arabic Writing Contest**
Organized by the Educational Club in North Lebanon

LICENSURE AND MEMBERSHIP

2023 – Present **Life Member of WONCA (World Organization of Family Doctors)**

2022 – Present **Department of Healthcare Professions License – Qatar**

2016 – Present **Member of the Lebanese Society of Family Medicine**

2011 – Present **Member of the Lebanese Order of Physicians**