DR. NADIA FAWZI RAMADAN NAOUSS

Family Medicine Specialist | Lecturer in Family Medicine & Geriatrics

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PROFESSIONAL PROFILE

Family Medicine specialist with 14 years of clinical experience and involvement in medical teaching since 2018. Lecturer in Family Medicine and Geriatrics at Beirut Arab University (BAU), Family Medicine Module Coordinator since 2021, and Head of the Faculty of Medicine Quality Assurance Unit since 2025. Experience spans longitudinal primary care, older-adult care, clinical teaching, curriculum development, assessment, and academic quality improvement.

EDUCATION & QUALIFICATIONS

Specialization in Family Medicine | Saint Joseph University of Beirut (USJ) / Hôtel-Dieu de France, Lebanon | 2012
Four-year specialty training (2008–2012).

Doctorate in General Medicine | Saint Joseph University of Beirut (USJ), Lebanon | 2008
Lebanese Baccalaureate, Life Sciences | Le Lycée National, Lebanon | 2001

ACADEMIC & CLINICAL APPOINTMENTS

Lecturer, Family Medicine & Geriatrics | Beirut Arab University, Faculty of Medicine | Sep 2021–Present
Family Medicine Module Coordinator | Beirut Arab University, Faculty of Medicine | 2021–Present
Head, Quality Assurance Unit | Beirut Arab University, Faculty of Medicine | Sep2025-Present
Family Medicine Physician | Beirut Arab University Health Center | Aug 2018–Present
Hospitalist, Geriatric Department | Dar Al Ajaza Al Islamia Hospital | Jul 2012–Aug 2021
Family Physician, Home Visits | Private practice, Lebanon | Jul 2012–Present
General Practitioner / Family Medicine | Nadia Ramadan Private Clinic | Jun 2012–Dec 2014

TEACHING, LEADERSHIP & QUALITY ASSURANCE

- Teaching in family medicine, geriatrics, preventive care, chronic disease management, and patient-centered clinical practice.
- Coordination of the Family Medicine module; development of teaching materials, clinical learning activities, and student assessments, including OSCE stations.
- Leadership of faculty quality assurance activities, including module evaluations, improvement planning, academic reporting, and contributions to TEPDAD reaccreditation preparation.
- Participation in faculty committees, educational quality monitoring, and curriculum development.

RESEARCH INTERESTS & PROJECTS

Research interests: healthy aging, cognitive impairment, loneliness and social isolation, preventive medicine, primary healthcare, caregiver burden, and medical education.

- Association Between Social Isolation and Cognitive Function Among Older Adults Residing in Lebanon. (Ongoing)
- Assessment of Knowledge and Implementation of Preparticipation Physical Evaluation Among Lebanese Sports Clubs: A Cross-Sectional Study. (Ongoing)
- Caregiver Type and Burden in Relation to Depression and Functional Status Among Older Adults in Lebanon. (Ongoing)
- Prevalence of Narcissistic Tendencies Among Medical Students Compared with Students in Other Majors in Lebanon: A Cross-Sectional Study. (Ongoing)

COMMUNITY & PROFESSIONAL ENGAGEMENT

- Organizer/contributor to school health and public health education initiatives.
- Contributor to community-based clinical services through BAU Health Center and home visits, including care of older adults.
- Member, Lebanese Society of Family Medicine.

- Mentor to medical students involved in community initiatives and research.

SELECTED CLINICAL TRAINING

Geriatrics — La Maison Notre Dame | Sexual health and public health — MARSA | Military medicine and minor surgery — Military Hospital | General practice and emergency medicine — Sacré Coeur and Hôtel-Dieu de France

SELECTED CONFERENCES & PROFESSIONAL DEVELOPMENT

- Annual Family Medicine Conference, Lebanon
- WONCA East Mediterranean Conference
- Symposium on Substance Abuse, Beirut Arab University
- Artificial Intelligence in Health Professions, Alexandria Medical School
- Mastering Academic Presentation, Beirut Arab University

LANGUAGES & SKILLS

Languages: Arabic (native), English (fluent), French (fluent).

Skills: clinical teaching and assessment, OSCE development, clinical research, academic quality assurance, public speaking, Microsoft Office, Med Point electronic medical records.