MICHELE BECHARA-HANNA CHAHOUD
Place of birth: Beirut, Lebanon
Date of birth: 24th of October 1988
Gender: Female
Nationality: Lebanese
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WORK EXPERIENCE

2022- till present assistant professor, Beirut Arab University (BAU), Beirut Lebanon
Faculty of Medicine

2019- 2022 Head of the Research Committee of the Neuro-Psychology department at the Neuroscience Research Centre (NRC), master's program at the Faculty of Medical Sciences, Lebanese University

2019- till present Member in INSPECT-LB: Institut National de Santé Publique, Epidemiologie Clinique et Toxicologie, Beirut, Lebanon

2018- 2022 Associate Professor, Neuroscience Research Center (NRC) Lebanese University
Thesis committee member: Neuropsychology department
Faculty of Medical Science
Courses: Analysis of Epidemiological Studies

2020- 2022 Associate Professor, Lebanese University
Faculty of Medicine and Faculty of Public Health II
Courses: Pharmacology, Public Health, Biostatistics and Statistics

2017- 2020 Assistant Professor, Lebanese University
Faculty of Medicine and Faculty of Public Health II
Courses: Pharmacology, Public Health, Biostatistics and Statistics

EDUCATION

2014-2017 PhD in Epidemiology and Public Health (scholarship from the faculty of pharmacy, Lebanese University-Beirut, Lebanon and Laboratoire du Stress Oxydatif et Antioxydants, faculty of medicine, Lebanese University-Beirut, Lebanon)
Doctoral School of Health and Life Sciences, University of Strasbourg, France.
Doctoral school of science and technology (EDST), Lebanese University-Beirut, Lebanon.

2012-2013 Masters in Clinical pharmacy and Pharmacoepidemiology
Doctoral school of science and technology, Lebanese University-Beirut, Lebanon.

2011-2012 **Diplôme Universitaire de recherche : Research degree in medical science**
Fondation- Medical Research Institutes, Geneva, in association with the Faculty of medicine, Lebanese University-Beirut, Lebanon

2006-2012 **Pharm D degree**
School of Pharmacy, Lebanese University-Beirut, Lebanon

1991-2006 **French Baccalaureate in Science (biology)**
Grand Lycée Franco-Libanais, Achrafieh, Beirut, Lebanon

INTERNSHIP

Medical research trainee, **Henri Mondor hospital, Creteil-Paris France, 2013**
Internship in the CIC : Centre d' Investigation Clinique.
Attend the conduct of various clinical trials in the hospital.

Pharm D medical training, 2011- 2012
Notre-Dame de Secours, Jbeil-Byblos

Pharmaceutical company, July-August 2011 (2 months)
ABBOTT LABORATORIES
Medical representative promoting Brufen®

LANGUAGES

Arabic: Fluency (native)
English: Fluent written and spoken
French: Fluent written and spoken
Italian: elementary

COMPUTER KNOWLDGE

Microsoft Office: Word, Excel and **Power Point**
Microsoft Teams
Zoom Video Communications
SPSS Statistical Package for the Social Sciences
Softpharm specialized software for pharmacies in Lebanon

Publications:

1. Hadi El Sayed, Abdullah Kadhim, Ali Kerdieh, Julia Ftouny, Bashir Hijazi, Sara Ghaddar, Hussein Haidar, Marwa Mehdi, Moustapha Kamal, Mazen Zaylaa, Michele Chahoud, Communication skills among medical students in Lebanon: a cross-sectional study across universities adopting the European teaching system. BMC Medical Education (2026).

2. Hadi El Sayed, Jaydaa Yakan, Ali Shmeisani, Wassim Saadeh, Hana Diab, Michele Chahoud. Assessing emotional intelligence levels among Lebanese medical students: exploring factors and implications for emotional well-being. BMC Psychology (2026).

3. S. Abou Kassm, M. Chahoud, K. Naja, G. Haddad, G. Robert, W. Naja All is fair in love and hypomania. Annales Médico-psychologiques, revue psychiatrique (2023).

4. C. Zrour, W. Naja, M. Chahoud, A. Halabi, A. Badaoui, R. Haddad Parenting styles and psychiatric profile of parents of adult substance use disorder patients: cross-sectional study. International Journal of Mental Health and Addiction, 20(5), 2878–2893 (2022).

5. Ariane Sampson, Daniel SF Figueiredo, Huw G Jeremiah, Dauro D Oliveira, Laize RP Freitas, Michele Chahoud, Rodrigo V Soares, Martyn T Cobourne. The effect of social media on patient acceptance of temporary anchorage devices. The Angle Orthodontist, 91(3), 363–370 (2021)

6. R. Chahine, R. Farah, M. Chahoud, A. Harb, R. Tarabay, E. Sauleau, et al. Assessing sleep quality of Lebanese high school students in relation to lifestyle: pilot study in Beirut. Eastern Mediterranean Health Journal, 24(8), 722 [as shown in supplied profile] (2018). *[Verify full pagination and authors]*

7. M. Chahoud, R. Chahine, P. Salameh, E. A. Sauleau Reliability, factor analysis and internal consistency calculation of the Insomnia Severity Index (ISI) in French and in English among Lebanese adolescents. eNeurologicalSci, 7, 9–14 (2017).

8. F. Rammal, M. Chahoud, E. Sauleau, R. Godbout, R. Chahine Troubles du sommeil chez les adolescents des villages du Mont-Liban. Médecine du Sommeil, 12(1), 50 (2015)

Conference abstracts and posters

Chahoud, M. Psychiatric Symptomatology in Medical Students in Lebanon: What about us? ScienceOpen Posters, 2021.

Chahoud, M., Chahine, R., Salameh, P., Sauleau, E. A. Validation de l'échelle de somnolence d'Epworth, de l'index de sévérité de l'insomnie (ISI), du somnambulisme et l'impact sur l'activité diurne du questionnaire Sleep-50 chez … Forum de l'École Doctorale en Science et Technologie, 2016.