

Curriculum vitae

Personal information

- Name: Karim Hussein Mohamed Shebl Kotkata
- Current position: **Neurology Assistant professor**, Faculty of Medicine, Beirut Arab University, Lebanon (since 21 August 2025)
- Date of birth: 3/08/1978
- Religion: Muslim
- Address:
  - 24 Fawzy Moaaz St., Safwa (5) Block (2), Smouha, Sidi Gaber, Alexandria, 21523, Egypt
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Education

- Doctor Degree in Neurology & Psychiatry (2012)
- Master Degree in neuropsychiatry, grade: very good. (2006)
- MBBCh, grade: excellent with Honor. (2001).
- College Saint Marc (1982-1995).

Professional experience

- **Neurology Assistant professor**, Faculty of Medicine, Beirut Arab University, Lebanon (since 21 August 2025)
- **Neuro-psychiatry Consultant (fellow lecturer)**, Alexandria University Student Hospital (since May 2013)
- **Neurology Specialist**, Al Salam International Hospital, Kuwait (November 2021-October 2024)
- **Neuro-psychiatry Consultant,** Andalusia Hospitals, Alexandria, Egypt (September 2020 - October 2021)

- **Neurology Consultant**, Saudi German Hospital, Almadina Almonawara, Saudi Arabia (November 2018 - June 2019)
- **Neuro-psychiatry Consultant**, Alexandria Main Military Hospital (January 2014 - October 2018)
- **Neuro-psychiatry Consultant**, Hassab Hospital (January 2013 - November 2018)
- **Neuro-psychiatry Specialist**, Alexandria University Student Hospital (November 2007 - May 2013)
- **Resident** in neuropsychiatry department, Faculty Of Medicine, Alexandria University (July 2004 - July 2007).
- **General practitioner**, Alexandria General Ophthalmology Hospital, Ministry Of Health (May 2003 - July 2004).
- **House officer** in Alexandria university hospitals (March 2002 - February 2003).

Research experience

Thesis

- Master thesis, **Stroke.**

Focus: Study of the correlation between risk factors, clinical manifestations and radiological findings in different ischemic stroke subtypes.

- Doctor thesis, **Dementia.**

Focus: Comparative study between primary degenerative dementia subtypes as regard clinical and radiological findings.

Publications

- Talaat FM, Hafez NA, Borei MF, Osman GA, Shebl KH. **Study of the correlation between risk factors and clinical manifestations in different ischemic stroke subtypes.** Bull Alex fac Med. 2006; 42(4):911-6.

- Ramadan MA, Reda MI, Ismail IR, Shafik MM, Kotkata KH. **Functional imaging in primary degenerative dementias.** JMRI. 2011; 32(1):10-7.
- Zhou Y, Claflin SB, Stankovich J, van der Mei I, Simpson S, Jr., Roxburgh RH, Kalincik T, Blizzard L, Lugaresi A, Alroughani R, Sajedi SA, Butzkueven H, Pucci E, Spitaleri D, Granella F, Cristiano E, Yamout B, Hughes S, Gouider R, Sanchez Menoyo JL, Olascoaga J, McGuigan C, Shaw C, Kermode AG, Kasa K, Al-Harbi T, Altintas A, Laureys G, Fragoso Y, Hardy TA, Csepany T, Sirbu CA, Decoo D, Sas A, Alvarez-Cermeno JC, Kotkata K, Millan-Pascual J, Taylor BV. **Redefining the Multiple Sclerosis Severity Score (MSSS): The effect of sex and onset phenotype.** Mult Scler. 2019:1352458519881994.
- Youssry, S., Kotkata, K., Abdelhamid, A., Hussein, A. **Evaluation of apoptosis-associated speck-like protein (asc) and b-cell lymphoma protein (bcl-6) in relation to peripheral blood biomarkers in relapsing-remitting multiple sclerosis.** Journal of the Medical Research Institute, 2022; 43(2): 1-8. doi:10.21608/jmalexu.2022.295162

Clinical Trials

- **A 12-month double-blind, randomized, multicenter, active-controlled, parallel-group study comparing the efficacy and safety of 0.5 mg and 1.25 mg fingolimod (FTY720) administered orally once daily versus interferon β-1a (Avonex®) administered i.m. once weekly in patients with relapsing-remitting multiple sclerosis with optional Extension Phase.**
- **A single arm, open-label, multicenter study evaluating the long-term safety and tolerability of 0.5 mg fingolimod (FTY720)**

administered orally once daily in patients with relapsing forms of multiple sclerosis.

- A Prospective Evaluation of Treatment with Fingolimod for Multiple Sclerosis. An observational study to evaluate the effectiveness, safety and effect on health related quality of life of Fingolimod treatment in routine practice (CFTY720D-MAX-TH-01) **PERFORMIS** (Co-investigator)
- Real World retrospective study of effectiveness and safety of Gilenya (FINgOlimod) in relapsing remitting Multiple Sclerosis in the Middle East and North Africa(CFTY720DAE01) **FINOMENA** (Principle investigator)

Thesis supervision

- Samira Ismail Abd El mageed El fiky, Ayman Youssef Ezz El-din Eassa, Ahmed Refaat Rady, Karim Hussein Shebl Kotkata. **The effect of examination stress on the rate of relapses among university students patients with multiple sclerosis.** [Master thesis]: Alexandria University, Faculty of medicine, Neuropsychiatry Department; 2018.
- Asmaa Tarek Elsayed AbdElhamid, Amina Elsayed Hussein, Sara Ahmed Youssry Saad, Karim Hussein Shebl Kotkata. **Role of apoptosis-associated speck-like protein (ASC) and B-cell lymphoma protein (BCL-6) during inflammasome activation in multiple sclerosis patients.** [Master thesis]: Alexandria University, Medical Research Institute, Immunology and Allergy Department; 2022.

- Reviewing papers submitted to Neurology journal (residents & fellow section)

Scientific societies membership

- **Member of the American Academy of Neurology.**
- **International Fellow of the American Psychiatry Association.**
- **Member of the European Academy of Neurology.**
- **International member of the Neuro-critical Care Society.**

Scientific activities

- Attending and presenting cases in the Neurology, Neurosurgery and Radiology weekly meetings in Alexandria University.
- **Xeme Colloque Internationale De Psychosomatique « La maladie Entre L'ame et le corps »**, Bibliotheca Alexandrina-Alexandria – Egypt. (Mai 2007). (speaker).
- **ICH-GCP Training, Cairo, 20 – 21 Nov 2007**
- **Certified EDSS rater.**
- **Oracle RDC 4.5.3 DATE: 16-JAN-2011**
- **Basic life support (BLS) course,** 26 Jan 2019.
- **Advanced life support (ACLS) course**, 9-10 Dec 2022
- **Member of Alexandria Multiple Sclerosis and Demyelinating disorders Research Project.**
- **3rd Annual Summer Scientific meeting of Alexandria Nephrology Dialysis and Transplantation (Nephro Alex 2014),** Alexandria, Egypt. (26-27 June 2014). (Speaker).
- **Alexandria University Student Outpatient clinic education lecture on Multiple sclerosis,** Alexandria, Egypt. (30 April 2015). (Speaker).
- **Alexandria Medical Syndicate, Multiple Sclerosis education,** Alexandria Fever Hospital, Alexandria, Egypt. (28 May 2015). (Speaker).

- **Prevalence and clinical characteristics of multiple sclerosis patients of Alexandria insurance student hospitals - Egypt.** Hazem Mohamed Maarouf, Doaa Hanafy Elsalamawy, Mervat Hamed, Karim Shebl, Sara Kamal Abou-Elazeed. (Poster, 8th Annual conference of the Neuropsychiatry Department Faculty of Medicine, Alexandria University, 2-5 March 2016, Bibliotheca of Alexandria, Egypt).
- **5th Annual MS Society day,** Cairo, Egypt. (26 May 2016). (Speaker).
- **Alexandria Multiple Sclerosis Community annual meeting,** Alexandria, Egypt. (2 July 2016). (Speaker).

Conferences

- **American Academy of Neurology 2022 annual meeting**, April 24 - 26, 2022 (Online)
- **American Academy of Neurology 2022 Fall Conference**, October 28-30, 2022 Las Vegas. (Online)
- **American Academy of Neurology 2022 Summer Conference: Autoimmune Neurology and Neurology Year in Review**, July 15 - 16, 2022, San Francisco. (Online)
- **American Academy of Neurology 2025 Fall Conference**, November 7-9, 2025 Las Vegas. (Online)
- **American Academy of Neurology 2026 annual meeting.** April 18-22, 2026 Chicago. (Online)
- **European Academy of Neurology 2026 annual Congress**, June 27-30, 2026 Geneva, Switzerland. (Online)
- **American Academy of Neurology 2026 Autoimmune Neurology Conference**, August 7-8, 2026 Houston. (Online)
- **Attending national and international conferences.**

Computer skills

- Professional User Certification (P.U.C) from the Russian Center
  - ➢ Grade “A+”.
- ICDL (international Computer driving license).

Languages

- English: fluent
  - ➢ First Certificate in English, University of Cambridge –Grade “C”.
  - ➢ TOEFEL
- French: fluent
  - ➢ Aliance Française – Mention "Bien".
- German: Fair, 8 courses at Goethe institute 2002-2004.
  - ➢ Zertificat Deutsch- Gesamtnote “gut”.
  - ➢ Mittelstuffe eins.
  - ➢ Deutch im Krankenhaus.