Prof. Dr. Nermin Awny Mohamed

Professor of Educational Psychology | Head, Department of Psychology
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PROFESSIONAL PROFILE

Full Professor of Educational Psychology with more than 25 years of academic experience across Egypt, Saudi Arabia and Lebanon, and over a decade of continuous academic leadership as department head at Alexandria University (2017–2023) and Beirut Arab University (2023–present). Executive Director of BAU's Psychosocial Counselling Unit. Expertise spans educational and cognitive psychology, psychometrics and assessment, learning difficulties and mental health, with more than 55 master's and doctoral theses supervised and a first-place Hamdan bin Rashid – ALECSO Prize for Distinguished Educational Research (2024).

EDUCATION & ACADEMIC QUALIFICATIONS

Ph.D. in Educational Psychology 2008
Faculty of Education, Alexandria University, Egypt
- Dissertation: *Active Learning Strategies and Their Effect on Developing Collective Thinking Skills among Primary School Pupils*

M.A. in Educational Psychology 2003
Faculty of Education, Alexandria University, Egypt — Grade: Excellent
- Thesis: *Cooperative Learning and Its Effect on Developing Social Behaviour among Kindergarten Children*

Special Diploma in Education 1998
Faculty of Education, Alexandria University, Egypt — Grade: Very Good

B.A. in Education and Science 1996
Faculty of Education, Alexandria University, Egypt
- Very Good with Honours; ranked first in the Faculty

PROFESSIONAL EXPERIENCE & LEADERSHIP

Head, Department of Psychology 2023 – Present
Faculty of Human Sciences, Beirut Arab University, Lebanon
- Leads the department's undergraduate and doctoral programmes, curriculum review and academic advising; teaches doctoral and undergraduate courses.
- Academic Advisor to Psychology students (2024–present).
- Member, BAU Graduate Studies Committee (2025–present); formerly Institutional Review Board (2023–2025), University Research Committee (2023–2024) and Appellate Student Disciplinary Board (2024–2025); Member, Faculty Bylaws Development Committee.

Executive Director, Psychosocial Counselling Unit 2024 – Present
Beirut Arab University, Lebanon
- Directs the university's psychological and social counselling services for students and the wider university community.

Professor of Educational Psychology 2020 – Present
Faculty of Education, Alexandria University, Egypt

Head, Department of Educational Psychology 2017 – 2023
Faculty of Education, Alexandria University, Egypt
- Chaired the Department Council and served on the Faculty Council and the Education & Student Affairs Committee for six consecutive years.
- Led the redesign of undergraduate bylaws to a credit-hour system (implemented 2020/21) and two revisions of postgraduate bylaws (diploma, master's, doctorate).

- Deputy Director, Measurement & Evaluation Unit (2019–2023); Head of the Electronic Grading Control (2019/20); Member, Research Ethics Committee (2022–2023).
- Chair, Departmental Academic Advising Committee (2020–2023); Member, Faculty Crisis Management Committee and Distance Learning Follow-up Committee (2019–2021); Member, Educational Services Council (2018–2019; 2021–2023).

Associate Professor of Educational Psychology 2014 – 2020
Faculty of Education, Alexandria University, Egypt

- Assessment & Follow-up Officer, Measurement & Evaluation Unit (2015–2019); reviewer and report author for machine-scored examinations (2015–2023).
- Faculty Coordinator, Alexandria University Career Development & Entrepreneurship Centre (CDCE) (2016–2018); Academic Advisor to international students (2016–2018).

Assistant Professor of Educational Psychology 2013 – 2015
Faculty of Education, University of Hail (Baqaa Branch), Saudi Arabia

- Director, Faculty Quality Assurance Unit (2013/14); Head of Admissions & Registration (2014/15); Member, Faculty Council; Academic Advisor.

Lecturer; Assistant Lecturer; Teaching Assistant 1997 – 2014
Department of Educational Psychology, Faculty of Education, Alexandria University, Egypt

- Lecturer (2009–2014); Assistant Lecturer (2003–2009); Teaching Assistant (1997–2003). Earlier: Science Teacher, preparatory schools, Alexandria (1997).
- Member, Quality Assurance and Accreditation Project, Phase I (QAAP2), 2007–2009.

TEACHING & CURRICULUM DEVELOPMENT

- **Curriculum and bylaws:** co-designed the credit-hour undergraduate bylaws at Alexandria University (2018–2020), postgraduate bylaws revisions (2017/18; 2022/23), course specifications for the Psychology Teacher programme, and implementation of the Unified Bylaws for Faculties of Education (2023).
- **University textbooks:** author and reviewer of undergraduate textbooks in educational psychology (2012–2023).
- **Field training:** supervised practicum (teaching practice) for undergraduate student teachers in Arabic, Mathematics, Chemistry (Arabic and English sections), Psychology and Early Childhood programmes (2009–2022).

RESEARCH INTERESTS & AREAS OF EXPERTISE

- **Educational Psychology:** active and self-regulated learning, motivation, academic buoyancy and resilience, flipped and joyful learning.
- **Cognitive Psychology:** working memory, cognitive load, metacognition and meta-memory, executive functions, thinking skills and creativity.
- **Psychometrics & Assessment:** scale development and validation, test construction and blueprints, item banks, e-testing, structural equation modelling.
- **Mental Health & Counselling:** emotion regulation, psychological immunity, self-compassion, trauma, eating disorders, university counselling services.
- **Learning Difficulties & Special Needs:** diagnosis and remedial intervention, twice-exceptional learners, autism spectrum and ADHD programmes.
- **AI & Digital Transformation from a Psychological Perspective:** digital stress and anxiety, cyberbullying, psychological risks of digital transformation, AI-assisted data analysis.

AWARDS & HONOURS

- **First Place, Hamdan bin Rashid Al Maktoum – ALECSO Prize for Distinguished Educational Research** (26th Edition, 2024), for research on education for sustainability, climate-change awareness and environmental citizenship.
- **Valedictorian**, Faculty of Education, Alexandria University (1996).

PEER-REVIEWED JOURNAL ARTICLES

- (2026). Psychometric properties of the Crisis Management Scale among international students at Alexandria University. *International Journal of Research and Studies in Educational and Psychological Sciences*, 18(30). doi:10.21608/ijrs.2026.504810
- (2025). The role of psychological immunity in fostering belonging and confronting the risks of digital transformation in Egyptian society. *Egyptian Journal of Psychological Studies*, 35(127). doi:10.21608/ejcj.2025.422856
- (2025). Causal modelling of the relationships between financial literacy, psychological pollution, managerial competence and the Big Seven personality factors among university students. *Arab Journal of Science and Technology*, 2(4). doi:10.21608/ajset.2025.410631
- (2025). Emotional blackmail and its relationship with loneliness among public-sector employees in Zahle, Bekaa, Lebanon. *Middle East Journal of Educational and Psychological Sciences*, 5(2). doi:10.56961/mejeps.v5i2.934
- (2025). Emotional blackmail and its relationship with the Big Five personality factors among public- and private-sector employees in Zahle, Bekaa, Lebanon. *Middle East Journal of Humanities and Cultural Sciences*, 5(2). doi:10.56961/mejhss.v5i2.909
- (2025). Perfectionism as a predictor of self-esteem among Lebanese adult women with eating disorders. *Middle East Journal of Educational and Psychological Sciences*, 5(2). doi:10.56961/mejeps.v5i2.935
- (2025). Sustainable behaviour and its relationship with positive and negative affect among Lebanese householders. *Middle East Journal of Educational and Psychological Sciences*, 5(2). doi:10.56961/mejeps.v5i2.939
- (2025). Well-being and its relationship with attitudes towards renewable energy among Lebanese householders. *Middle East Journal of Humanities and Cultural Sciences*, 5(1). doi:10.56961/mejhss.v5i1.876
- (2025). The predictive role of introversion in social phobia among adolescent survivors of sexual abuse. *Middle East Journal of Educational and Psychological Sciences*, 5(4). doi:10.56961/mejeps.v5i4.1141
- (2025). Emotion regulation and its relationship with locus of control among adolescents in Lebanon. *Middle East Journal of Humanities and Cultural Sciences*, 5(4). doi:10.56961/mejhss.v5i4.1210
- (2025). The positive self and its relationship with morningness–eveningness personality type among public-sector employees in Lebanon. *Middle East Journal of Humanities and Cultural Sciences*, 5(4). doi:10.56961/mejhss.v5i4.1208
- (2025). Mindfulness as a predictor of emotional creativity among secondary school students in Lebanon. *Arab Journal for Humanities and Social Sciences*, 34. doi:10.59735/arabjhs.vi34.1572
- (2025). Psychological flow and its relationship with morningness–eveningness personality type among private-sector employees in Lebanon. *Arab Journal for Humanities and Social Sciences*, 34. doi:10.59735/arabjhs.vi34.1575
- (2025). Self-esteem and its relationship with introversion among adolescent survivors of sexual abuse. *An-Najah University Journal for Research – B (Humanities)*.
- (2025, accepted). Body image and its relationship with self-esteem among Lebanese adolescent girls with eating disorders. *Dirasat: Human and Social Sciences, University of Jordan*.
- (2024). The effect of a programme based on education-for-sustainability principles on developing climate-change awareness and environmental citizenship values among preparatory-stage students in informal settlements. *First Place, Hamdan bin Rashid – ALECSO Prize for Distinguished Educational Research, 26th Edition*.
- (2024). Predicting digital entrepreneurship through linguistic self-concept and e-self-efficacy among postgraduate students at the Faculty of Education. *Journal of Arabic for Non-Native Speakers*, 7(21).
- (2023). A proposed framework for using joyful-learning strategies in light of the Sustainable Development Goals to reduce digital anxiety and enhance academic identity among postgraduate students. *Journal of Advanced Sciences for Mental Health and Special Education, Faculty of Education, Tanta University*, 2023(5).
- (2022). A proposed eclectic–integrative counselling programme for developing psychological empowerment skills among families of persons with special needs. *Egyptian Journal of Psychological Studies*, 32(117).
- (2022). Predicting cyberbullying through emotional perception and reinforcement-based decision-making among primary school pupils. *Arab Journal of Educational and Psychological Sciences, Academy of Scientific Research and Technology*.
- (2020). The effect of intellectual motivation on calculated risk-taking and emotional soundness among student teachers. *Journal of the Faculty of Education, Benha University*, 31(122), Part 1.
- (2020). The relative contribution of emotion regulation and habits of mind in predicting cyberbullying among university students. *Journal of the Faculty of Education, Beni-Suef University*, 2 (July).

- (2019). Causal modelling of the relationships between psychological flexibility, academic self-efficacy and test anxiety among students of the Faculty of Education, Alexandria University. *Journal of Psychological Counselling, Faculty of Education, Minia University*, 5(7).
- (2019). Mindfulness and cognitive distortions as predictors of test-wiseness among students of the Faculty of Education, Alexandria University. *Journal of the Faculty of Education, Assiut University*, 35(10).
- (2018). Profiles of academic boredom and academic buoyancy in relation to cognitive load, hope and academic achievement among secondary school students. *Journal of the Faculty of Education, Kafrelsheikh University*, 5(91).
- (2018). The effectiveness of a programme based on emotional-intelligence dimensions in reducing academic burnout and academic procrastination among second-year preparatory pupils. *Journal of Childhood and Education, Faculty of Early Childhood Education, Alexandria University*, 4(36).
- (2017). Learning motivation and its relationship with working memory among primary pupils with and without learning difficulties. *Journal of Educational and Human Studies, Damanhour University*, 9(4).
- (2014). A causal model of the relationships between engagement in learning, academic adjustment and metacognitive thinking skills among students of the Faculty of Education, Alexandria University. *Journal of Educational and Human Studies, Damanhour University*, 2(4).
- (2014). The psychology teacher preparation programme from the graduates' perspective at the Faculty of Education, Alexandria University: An analytical–evaluative study. *Journal of the Faculty of Education, Damanhour University*, Issue 1.
- (2013). Attitudes towards the teaching profession and their relationship with epistemological beliefs and motivation-regulation strategies among students of the Faculty of Education, Alexandria University. *Egyptian Journal of Psychological Studies*, 24(80).
- (2013). Perceived self-efficacy and its relationship with social responsibility among students of the Faculty of Education, Alexandria University, in light of selected variables. *Arab Studies in Psychology, Association of Egyptian Psychologists (RANAM)*, April issue.
- (2012). Learning styles and study habits among internal- and external-locus-of-control preparatory school pupils in Alexandria. *Journal of the Faculty of Education, Damanhour University*, 4(4).
- (2011). A training programme based on remedial teaching and its effect on developing positive-thinking skills and academic achievement among fourth-grade pupils with mathematics learning difficulties. *Journal of the Faculty of Education, Damanhour University*, 3(4).

CONFERENCE PAPERS & WORKING PAPERS

- (2026). From the clinic to the screen: Transformations of the psychological symptom and challenges of therapy. *4th Annual Conference of the Order of Psychologists in Lebanon*, 5 September 2026.
- (2025). A proposed framework for improving primary teachers' attitudes towards developing life skills in early-grade pupils using formative assessment tools. *Conference on Developing Learner Assessment Systems at the Primary Stage in the Arab World: Reality and Aspirations (Towards a Unified Arab Assessment), Arab International Conference of the National Foundation for Research, Consultancy and Training*, 26–28 April 2025.
- (2024). The role of psychological immunity in confronting the risks of digital transformation. *Annual Conference of the Egyptian Association for Psychological Studies*, 2–4 November 2024.
- (2023). Digital information literacy among youth: Challenges and opportunities in a world of digital transformation. *Conference on Arab and Gulf Family Issues in the Era of Digital Transformation*, 16–18 October 2023.
- (2023). Paths and challenges beyond Arab women's empowerment: The dawn of inner strength and reclaiming identity. *Conference "Arab Women: A Rich Past and a Sustainable Future"*, 23–25 October 2023.
- (2023). Prospects for cooperation in education with BRICS countries. *Conference "BRICS Development Prospects in the Context of the Formation of a New System of International Relations"*, 23 October 2023.
- (2022, with Prof. Doaa Awad). Teachers' perceived organisational support in light of society's view of the teacher and its reflections on psychological capital. *1st National Conference of the Sector Committee for Educational Studies, Supreme Council of Universities: "Education, Community Partnership and Teacher Preparation Institutions in the New Republic"*, 3–4 December 2022.
- (2020, with Prof. Doaa Awad). Issues in diagnosing learning difficulties: Between diagnostic and achievement tests. *International Scientific Conference on Persons with Special Needs: Special Needs and the Technology and Knowledge Revolution*, 12–14 November 2020.
- (2010, with Prof. Mahmoud Abdel-Halim Mansi). Violence against Egyptian women: Causes and remedies. *1st Conference of the Faculty of Agriculture, Alexandria University: "A Better Life for Poor Women and Families"*, 19–20 April 2010.

GRADUATE SUPERVISION & ACADEMIC SERVICE

- **Supervision:** more than 55 master's and doctoral theses at Alexandria University, Beirut Arab University and the ALECSO Institute of Arab Research and Studies.
- **Examination:** external/internal examiner on more than 90 thesis committees in Egypt, Saudi Arabia, Oman (Sultan Qaboos University) and Lebanon.
- **Assessment expertise:** trainer in assessment methods and test blueprints for the Supreme Council of Universities' E-Testing Centre (Egypt, 2020–2022); Alexandria University team member, EU-funded Tuning Africa II project (2017).
- **Examination boards:** member of the written and oral Colloquium Examination Committee in Educational Psychology (2024–present).

RESEARCH PROJECTS & EXPERT CONTRIBUTIONS

- **Tuning Africa II (EU–African Union):** Alexandria University team member, "Practical Assessment for Learning" online course (3 ECTS), 2017.
- **Education Reform Programme (ERP), Egypt:** co-researcher in developing teacher placement tests for the implementation of the Teachers' Special Cadre.
- **Intel ISEF (national round):** judge of student research projects, 2012 and 2013.
- **Supreme Council of Universities, E-Testing Centre:** national trainer in assessment methods, test-item writing and table-of-specifications construction for faculty members (2020–2022).

COMMUNITY ENGAGEMENT & TRAINING DELIVERED

- **Ministry of Education & World Bank, Secondary Education Enhancement Project (2012):** trainer in active learning and contemporary trends in secondary school management.
- **Kindergarten curriculum reform (2011):** trainer for kindergarten teachers on the new national curriculum.
- **Educational Services Centre, Faculty of Education, Alexandria University (2016–2023):** lead trainer in behaviour modification, learning difficulties and classroom behavioural problems; delivered the pedagogical qualification programme for non-education-graduate teachers in more than 20 sessions across partner schools.
- **Public outreach:** awareness seminars for primary pupils on the risks of modern technology (2010); "Mawadda" national programme for young people preparing for marriage (2019).

SELECTED PROFESSIONAL DEVELOPMENT

- Learning Difficulties Specialist Programme (60 hours), Adult Education Centre, Ain Shams University, 2021.
- Statistical Data Analysis Integrating SPSS and ChatGPT (12 hours), 2023.
- Leadership and Strategic Thinking; Executive Leadership Skills; Managing Funded Research Projects; E-Testing; Digital Content Design — Alexandria University Faculty & Leadership Development Programme, 2020.
- Competency-Based Learning, Agence Universitaire de la Francophonie (AUF), 2019; ToT: Student-Centred Learning through Technology, 2019.
- University Administration; Examination Systems and Student Assessment; International Research Publishing — Alexandria University, 2010–2013.

OTHER CONFERENCE PARTICIPATION

- International Conference "E-Testing in the Context of Distance Learning," Taibah Integrated Academy & Arab Association for Measurement and Evaluation, October 2020.
- Annual Conferences of the Egyptian Association for Psychological Studies, 2013 and 2020 (Hurghada).
- 6th International Conference, Faculty of Early Childhood Education, Alexandria University (Aswan), November 2019.
- 3rd International Conference "Child Issues in the 21st Century," Faculty of Kindergarten, Alexandria University, March 2010.

PROFESSIONAL MEMBERSHIPS & EDITORIAL ROLES

- **Egyptian Association for Psychological Studies** — Full Member; Member, Scientific Advisory Committee.
- **Association of Egyptian Psychologists (RANAM)** — Member since 2003.

- **Arab Association for Measurement and Evaluation** — Member.
- **Other:** Faculty Staff Club, Alexandria University; Bibliotheca Alexandrina.
- **Scientific Advisory Boards:** Journal of the Faculty of Education (Alexandria University); Journal of Human Studies (Damanhour University); Islamic University Journal of Educational and Social Sciences; Arab Journal of Educational and Social Studies (King Salman Institute, Majmaah University); International Journal of Research in Educational Sciences.
- **Peer Reviewer:** journals of Alexandria, Damanhour, Benha, Helwan and Matrouh universities; Third International Conference for Advanced Research, Lebanon.

LANGUAGES & SKILLS

- **Arabic:** native. **English:** professional working proficiency (TOEFL, Alexandria University, 2003).
- **Research & digital skills:** SPSS and advanced statistical analysis, structural equation modelling, e-assessment platforms, AI-assisted data analysis, Microsoft Office.