

EUROPEAN FORMAT
FOR CURRICULUM
VITAE



MARWAN EL GHOCH

PLACE AND DATE OF BIRTH: BARJA (LEBANON), SEPTEMBER 1ST 1979

NATIONALITY: LEBANESE ITALIAN

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HIGH EDUCATION

- Degree in Medicine and Surgery - University of Bologna, Italy with 104/110 (1999 – 2005) – Thesis title: Metabolic Syndrome in Seeking-treatment Patient with Obesity: Protective Effect of Physical Activity. Supervised by Professor Giulio Marchesini.
- Regularly registered at the Order of Surgeons and Dentists of Bologna - No. Reg. 15481 (Since 2006).
- Diploma of specialization in Food Sciences (address clinical nutrition) University of Modena and Reggio Emilia, Italy with 110/110L (2005 – 2009) – Thesis title: Effect of a standard schema of self-monitoring blood glucose in patients with poorly controlled, non-insulin-treated type 2 diabetes mellitus. Supervised by Professor Vincenzo Rochira.

COURSES AND SUMMER SCHOOLS

- CREDO six months training in Enhanced Cognitive Behavioural Therapy (CBT-E) for Eating Disorders - The Centre for Research on Dissemination at University of Oxford – UK – 2015 – Professor Christopher Fairburn.
- International Association for the Study of Obesity (IASO) SCOPE Summer school – 2012 - University of Cambridge – UK - Professor Philips James and Professor Nick Finer.
- International Association for the Study of Obesity (IASO) SCOPE Summer school – 2010 – University of Cambridge – UK - Professor Philips James and Professor Nick Finer.
- European Clinical Fellow in Obesity Management 2020 – The European Association for the Study of Obesity (EASO).

CURRENT ACADEMIC POSITIONS

October 2018 to date

1. Chief of the Department of Nutrition and Dietetics – Faculty of Health Sciences – Beirut Arab University – Lebanon.

2. Professor in Clinical Nutrition at the same institution with the following regular teaching courses:

Undergraduate program (Bachelor in Nutrition and Dietetics Program):

- NUTR322 Assessment of nutritional status
- NUTR320 Therapeutic nutrition I
- NUTR409 Therapeutic nutrition II
- NUTR406 Research Project

Postgraduate program (Master of Science in Nutrition):

- NUTR605 Advanced Clinical Nutrition
- NUTR607 Weight Management and Eating Disorders

PREVIOUS CLINICAL AND ACADEMIC POSITIONS

November 2009 till September 2018

- Consultant in Clinical Nutrition at the Department of Weight and Eating disorders – Villa Garda Hospital – Italy, with a wide clinical experience in the management of patients with severe obesity and eating disorders, treated in inpatient, day-hospital and outpatient settings
- Senior investigations at the Research Centre of the Department of Weight and Eating disorders – Villa Garda Hospital – Italy, with an authorship of more than 50 articles in high impact factor international peer-review journals in the field of Nutrition and Dietetics specifically: energy expenditure, physical activity, body composition, and the identification of clinical predictors of success during treatments of patients with obesity and eating disorders

RELEVANT EDITORIAL APPOINTMENTS

- Associate Editor – Frontiers of Endocrinology – Indexed in MEDLINE/PubMed, SCOPUS and Web of Science (Q1 and IF=5.555) <https://loop.frontiersin.org/people/117146/overview>
- Associate Editor – Frontiers of Nutrition – Indexed in MEDLINE/PubMed, SCOPUS and Web of Science (Q1 and IF=6.576) <https://loop.frontiersin.org/people/117146/overview>

INTERNATIONAL CONFERENCE

- Attendance of several International congresses and workshops on obesity and eating disorders as participant, poster presentation and oral communication: Greece, Netherland, United Kingdom; Austria; France; Germany; Italy; Portugal; Turkey; UAE; Kuwait; Poland and South Korea. Most relevant:
- Invited speaker International Diabetes Federation (IDF) Congress 2019 Shape the future of diabetes - Symposium: Lifestyle modification: Looking back, ahead and globally – Presentation title: Effectiveness of weight management programmes in Arab countries – Busan – South Korea, 2-6 December 2019.
- Accepted symposium at 28th European Congress on Obesity (ECO) - Symposium: Understanding Sarcopenic Obesity: The Ignored Phenotype? Busan – South Korea, 10-13 May 2021 (Online).
- Oral Presentation in 27th European and International Congress on Obesity (ECO/ICO) –Title: Resting energy expenditure and daily steps in adults with sarcopenic obesity: Prospective observational study, 01-04 September 2020 (Online).
- Oral Presentation in 25th European Congress on Obesity (ECO) –Title: Simple functional tests for screening reduced lean body mass in adult females with obesity, Vienna – Austria 23-26 May 2018).

